

**FUNDRAISING
TARGET: £200**



Muslim Hands

Charity Reg. No. 1105056

HIKE FOR YEMEN

Information Pack

REGISTER FOR FREE!

**Saturday, 28th November 2020
HIKE FOR YEMEN IN HASTINGS**

The Prophet (saw) said, **'The best of men are the men of Yemen, belief is Yemeni, and I am Yemeni'**. [Ahmad]

THE CAUSE: YEMEN EMERGENCY FUND

The Prophet (saw) said,

*'The best of men are the men of Yemen,
belief is Yemeni, and I am Yemeni'.*

[Ahmad]

The war in Yemen has turned a poor country into a humanitarian catastrophe. Millions of Yemeni families lack access to food, health care and safe water.

Children are bearing the brunt of the conflict, with 1.8 million children suffering from acute malnutrition. Every 10 minutes, a child under five dies of preventable causes in Yemen.

By giving to our Emergency Yemen Appeal, you will be helping us distribute emergency food parcels, provide medical care from our mobile clinic, build and repair water wells and feed schoolchildren.



RAISE £200 FOR YEMEN

REGISTER NOW!

muslimhands.org.uk/events | 0115 911 7222



CORONAVIRUS AND SAFETY MEASURES

Your safety and well-being remain our highest priority.

We want to ensure that you feel safe while on this hike. So, we will make sure we follow the most recent government guidelines to protect all participants and staff from potential contamination.



Muslim Hands

We will provide you with **face masks, hand sanitisers and gloves.**

You will be required to complete a **health declaration** prior to departure.

You

Transport is not included; we ask all participants to join us at our meeting point.

We ask you to observe **social distancing** from everyone who does not belong to your household throughout the hiking trip.

Please get in touch with us if you show any symptoms of coronavirus 24 hours before the hike.

Please ensure you are **physically fit** enough for a hike and wear **hiking boots and layered clothing.**

If you have questions please get in touch with us: events@muslimhands.org.uk

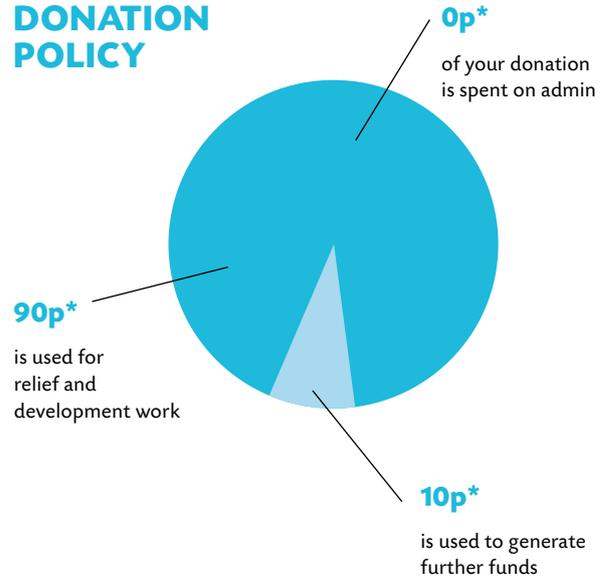
ABOUT MUSLIM HANDS

In 1993, a community in Nottingham, moved by the devastation of the Bosnian war, sprang into action and began collecting money, clothes and medicine for the people of Bosnia.

Muslim Hands grew from this grassroots movement, becoming an international aid agency and NGO. Since these first efforts, we have responded to countless emergencies, as well as establishing long-term projects such as schools, healthcare clinics and livelihood programmes worldwide.

We are working in over 50 countries and have field offices in over 30 of these. By working closely with our partners and offices on the ground, we are able to distribute aid in an effective, efficient, transparent and wholly accountable manner and make a lasting difference to the communities we work with.

DONATION POLICY



*Based on 2019 data, 2020 expected to be similar

At Muslim Hands, we deliver your donations in an efficient and wholly accountable way. Transparency is important to you and to us. We do everything we can to reduce the costs of delivering our projects so that **at least 90% of your donation will benefit communities directly.**

REGISTRATION REQUIREMENTS

In order to participate in this Hike in Hastings

- You must be at least 18 years old.
- A reasonable level of health and fitness is required.
- All elements of the registration process must be completed.
- Participants are required to read and agree to all terms and conditions.
- Participants must fulfil requirements as set out, accept all conditions, and adhere to all guidelines, to ensure the success of the mountain climbing and spiritual retreat.

FUNDRAISING TARGET

The minimum fundraising target is **£200 per person**.

REGISTRATION DEADLINE

To secure your place, register for free on the Muslim Hands website: muslimhands.org.uk/events
There are limited spaces. Spaces will be allocated on a first come, first serve basis.

FUNDRAISING DEADLINE

The **deadline for reaching your target is 28th November 2020**.
All participants are required to raise 100% of the total **fundraising target (£200)** by this date.

FUNDRAISING TIPS

Here are some ideas to help you get started on your fundraising.

BREAK IT DOWN

Break your target down into smaller chunks

to make it easier to reach your target.

Choose **different ways** to meet each of these smaller targets.

SET UP A JUSTGIVING PAGE

Visit www.justgiving.com/muslimhands

- Click on '**Fundraise for us**'
- Click on '**Organised event**'
- Select your challenge.

SPREAD THE WORD

Contact everyone you know and **tell them why** you are raising funds for a borehole in Somalia and a well in Palestine.
Tell them about your JustGiving page.

POST ON SOCIAL MEDIA

Ask your friends and family to share your online fundraising page on **Facebook, Twitter, Instagram and other social media networks.**

RAISE FUNDS IN YOUR LOCAL COMMUNITY

You can set up a **fundraising stall, bucket collections, display posters** and more! Please **seek permission from the relevant people before** doing so. **Contact all your family members, friends, co-workers, local businesses, schools & mosques** to help you meet your fundraising target.

ORGANISE AN ACTIVITY

You can round up a few friends and **bake some delicious treats** or **take part in a car wash** to raise money.

For further fundraising ideas, get in touch with the Muslim Hands Events Team on **0115 911 7222.**

HANDLING DONATIONS

Donating to Muslim Hands is easy and can be done through several methods.

CHEQUE OR POSTAL ORDER

You can send your donation via cheque or postal order. Please make them payable to Muslim Hands and send them to our Nottingham office. Cheques must be drawn from a UK bank account and postal orders should be obtained from the Post Office.

CASH

You can also drop cash off to either of our offices – give us a call beforehand. See our website for office opening hours. Please do not send cash through the post.

ONLINE

Donating online is fast, safe and secure. You can also set up an online fundraising page through JustGiving (please see the section 'Fundraising Tips' for further details).

PHONE

You can deposit the funds raised and donate over the phone using your credit or debit card by calling our donation hotline on (0115) 911 7222.

BANK TRANSFER

You can transfer money directly into our Donations Account to:

NatWest Bank

Account Name: **Muslim Hands**

Sort Code: **60-11-33**

Account Number: **22820000**

Please **reference the donation with your Donor ID**.

Please also note that receipts cannot usually be issued for donations made via bank transfer.

HOW DO I REGISTER?

THE REGISTRATION PROCESS IS EASY! ALL YOU NEED TO DO IS:

1. Register for free on the Muslim Hands website
3. Complete the online Terms and Conditions
4. Complete the online medical form
5. Create a JustGiving page and start fundraising – £200

What will happen next?

After we receive your completed your free registration online you will receive a confirmation email, so you know that your place has been secured. We operate on a **first come, first serve policy** and have limited spaces, so we advise you to register as soon as possible. Once you secure your place, you will receive a fundraising pack containing further materials to assist you with your fundraising.



muslimhands.org.uk | 7222 911 0115

